



A PROJECT FOR YOUNG PEOPLE. BY YOUNG PEOPLE.

GET INVOLVED IN THE #LOCKDOWNLIFEPROJECT

WHAT IS THE LOCKDOWNLIFE PROJECT?

A project that allows young people to share their views, feelings and hopes whilst living through the Covid-19 lockdown.

WE WANT TO HEAR HOW LOCKDOWN HAS BEEN FOR YOU.

You, along with thousands of other young people have had big parts of your life taken away. You may have missed exams, be worried about moving up to high school, college or university. You're probably having a tough time making sense of everything right now, but we want to hear from you.

HOW CAN I GET INVOLVED, SUBMIT A RESPONSE AND MAKE A DIFFERENCE?

Read these instructions, then go to www.2engage.co.uk/lockdownlife to submit your response. We will ask for permission to use your response and that's it!

WHAT AM I RESPONDING TO?

Your response should reflect your experience of the lockdown; the highs, lows, and everything in-between. Here are some things to think about when creating your response:

1. How has the Covid-19 lockdown made you feel?
2. What's the first thing you're going to do when lockdown ends?
3. There are many young people struggling with life in lockdown. What would your message be to those young people?

WHAT FORM DOES MY RESPONSE NEED TO BE IN?

Be as creative as you like. The only thing we ask is to be honest. We have compiled a list below as a guide:

SHORT VIDEO

VOICERECORDING

POEM/SPOKEN-WORD

IMAGESORPHOTOGRAPHS

SOUNDSCAPES

WORK OF ART

A SCRIPT

A SONG

DANCE OR MOVEMENT

MUSICAL COMPOSITION

PERFORMANCE

BE CREATIVE!

CAN I RESPOND?

If you are aged 10 - 18, then we would love you to respond! If you can't visit our site to respond, please post your response on Facebook, Tiktok or Instagram and tag us **@lockdownlifeproject** **#lockdownlifeproject**

THEN WHAT...?

We'll make a donation on your behalf to Childline and bring all your responses together to show-case what the Covid-19 lockdown has been like for young people. Happy responding!

If you have any questions please email lockdownlife@2engage.co.uk.